

# Scriptures - Put Off / Put On

source: Blue Letter Bible - BlueLetterBible.org

	Put OFF	Scripture	Put ON	Scripture
1	Lack of love	1 John 4:7,8,20	Love	John 15:12
2	Judging	Matthew 7:1-2	Let God search my heart	John 8:9, 15:22
3	Bitterness	Hebrews 12:15	Tenderhearted and forgiving	Ephesians 4:32
4	Unforgiving spirit	Mark 11:26	Forgiving spirit	Colossians 3:13
5	Selfishness	Philippians 2:21	Self denial	John 12:24
6	Pride	Proverbs 16:5	Humility	James 4:6
7	Boasting (conceit)	1 Corinthians 4:7	Esteeming others	Philippians 2:3
8	Stubbornness	1 Samuel 15:23	Brokenness	Romans 6:13
9	Disrespect for authority	Acts 23:5	Honor authority	Hebrews 13:17
10	Rebellion	1 Samuel 15:23	Submission	Hebrews 13:17
11	Disobedience	1 Samuel 12:15	Obedience	Deuteronomy 11:27
12	Impatience	James 1:2-4	Patience	Hebrews 10:36
13	Ungratefulness	Romans 1:21	Gratefulness	Ephesians 5:20
14	Covetousness	Luke 12:15	Contentment	Hebrews 13:5
15	Discontent	Hebrews 13:5	Contentment	1 Timothy 6:8
16	Murmuring / complaining	Philippians 2:14	Praise	Hebrews 13:15
17	Irritation of others	Galatians 5:26	Preferring in love	Philippians 2:3-4
18	Jealousy	Galatians 5:26	Trust	1 Corinthians 13:4
19	Strife / contention	Proverbs 13:10	Peace	James 3:17
20	Retaliation (getting even)	Proverbs 24:29	Return good for evil	Romans 12:19-20
21	Losing temper	Proverbs 25:28	Self-control	Proverbs 16:32
22	Anger	Proverbs 29:22	Self-control	Galatians 5:22-23
23	Wrath	James 1:19-20	Soft answer	Proverbs 15:1
24	Easily irritated	1 Corinthians 13:5	Not easily provoked	Proverbs 19:11
25	Hatred	Matthew 5:21-22	Love	1 Corinthians 13:3
26	Murder	Exodus 20:13	Love	Romans 13:10
27	Gossip	1 Timothy 5:13	Edifying speech	Ephesians 4:29
28	Evil speaking	James 4:11	Good report	Proverbs 15:30
29	Critical spirit	Galatians 5:15	Kindness	Colossians 3:12
30	Lying	Ephesians 4:25	Speak truth	Zechariah 8:16
31	Profanity	Proverbs 4:24	Pure speech	Proverbs 15:4
32	Idle words	Matthew 12:36	Bridle tongue	Proverbs 21:23
33	Wrong motives	1 Samuel 16:7	Spiritual motives	1 Corinthians 10:31
34	Evil thoughts	Matthew 5:19-20	Pure thoughts	Philippians 4:8
35	Complacency	Revelation 3:15	Zeal	Revelation 3:19
36	Laziness	Proverbs 20:4	Diligence	Proverbs 6:6-11
37	Slothfulness (not doing one's best)	Proverbs 18:9	Wholeheartedness	Colossians 3:23
38	Hypocrisy	Job 8:13	Sincerity	1 Thessalonians 2:3
39	Idolatry	Deuteronomy 11:16	Worship God only	Colossians 1:18
40	Leaving one's first love	Revelation 2:4	Fervent devotion	Revelation 2:5

	<b>Put OFF</b>	<b>Scripture</b>	<b>Put ON</b>	<b>Scripture</b>
41	Lack of rejoicing always	Philippians 4:4	Rejoice	1 Thessalonians 5:18
42	Worry / fear	Matthew 6:25-32	Trust	1 Peter 5:7
43	Unbelief	Hebrews 3:12	Faith	Hebrews 11:1,6
44	Unfaithfulness	Proverbs 25:19	Faithfulness	Luke 16:10-12
45	Neglect of Bible study	2 Timothy 3:14-17	Bible study / meditation	Psalms 1:2
46	Prayerlessness	Luke 18:1	Praying	Matthew 26:41
47	No burden for the lost	Matthew 9:36-38	Compassion / witnessing	Acts 1:8
48	Burying talents	Luke 12:48	Developing abilities	1 Corinthians 4:2
49	Irresponsibility (family/work)	Luke 16:12	Responsibility	Luke 16:10
50	Procrastination	Proverbs 10:5	Diligence	Proverbs 27:1
51	Irreverence in church	Ecclesiastes 5:1	Reverence	Psalms 89:7
52	Inhospitable	1 Peter 4:9	Hospitable	Romans 12:13
53	Cheating	2 Corinthians 4:2	Honesty	2 Corinthians 8:21
54	Stealing	Proverbs 29:24	Working / giving	Ephesians 4:28
55	Lack of moderation	Proverbs 11:1	Temperance	1 Corinthians 9:25
56	Gluttony	Proverbs 23:21	Discipline	1 Corinthians 9:27
57	Wrong friends	Psalms 1:1	Godly friends	Proverbs 13:20
58	Temporal values	Matthew 6:19-21	Eternal value	2 Corinthians 4:18
59	Love of money / greed	1 Timothy 6:9-10	Love God	Matthew 6:33
60	Stinginess	1 John 3:17	Generosity	Proverbs 11:24-25
61	Moral impurity	1 Thessalonians 4:7	Moral purity	1 Thessalonians 4:4
62	Fornication	1 Corinthians 6:18	Abstinence	1 Thessalonians 4:3
63	Lust	1 Peter 2:11	Pure desires	Titus 2:12
64	Adultery	Matthew 5:27-28	Marital fidelity	Proverbs 5:14-19
65	Homosexuality	Leviticus 18:22	Moral purity	1 Thessalonians 4:4-5
66	Incest	Leviticus 18:6	Moral purity	1 Corinthians 7:2,5
67	Pornography	Psalms 101:3	Pure thoughts	Philippians 4:8
68	Immodest dress	Proverbs 7:10	Modesty	1 Timothy 2:9
69	Flirtation	Proverbs 7:21	Gentle, quiet spirit	1 Peter 3:4
70	Worldly entertainment	Proverbs 21:17	Spiritual pursuits	Galatians 5:16
71	Fleshly music	Ephesians 4:29-30	Edifying music	Ephesians 5:19
72	Bodily harm	1 Corinthians 3:16-17	Glorify God in body	1 Corinthians 6:19-20
73	Alcoholism	Proverbs 20:1	Abstinence	Proverbs 23:30
74	Following the crowd	Proverbs 1:10	God-fearing	Proverbs 3:7
75	Witchcraft / astrology / horoscopes	Deuteronomy 18:10-11	Worship of God	Deuteronomy 6:5
76	Gambling	Proverbs 28:20-22	Good stewardship	Luke 16:11
77	Preferential treatment	James 2:1-9	Love neighbor as self	Luke 6:31
78	Presumption on the future	Proverbs 27:1	Trust God's will	James 4:14-16